



“ I'd been abusing substances for years before working with my Mentor. They showed faith in me and my ability to change and that's what helped me turn it around.

Now I'm in education and working. ”

CONTACT US

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Central Bedfordshire:
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Milton Keynes: 07872069673

General E-mail enquiries:
hello@communityled.org.uk

Referral:
www.communityled.org.uk/refer.php

Volunteer with us:
www.communityled.org.uk/volunteer.php



CLI created the SAMAS project back in 2016. The service was created to provide a means of follow on support to those living through drug and alcohol misuse.

SAMAS is a service designed and run by those with lived and personal experience of addiction.

Peer Led support for those in the Community wanting to move forward and make lasting change to their lives.

#believeinchange

SAMAS

**SUPPORT, ADVICE, MENTORING
AND ADVOCACY SERVICE**



www.communityled.org.uk



@communityledinitiatives



@Community_Led

What we do and how...

CLI are a mentoring service, we provide support on a 1-1 basis and through group work.

Mentoring relationships are built predominately through the support of our Volunteers. They are at the heart of what we do. Their passion and experience offers a way forward to those who don't have a clear direction.

With set goals and structure, those we support can begin to see their potential and connect back to their community.

"My mentor was an inspiring example of what I want for my future and the kind of person I want to be."

Our groups provide a safe space for people to share their challenges and achievements. We believe a variety of groups and activities lays the foundations to develop a thriving recovery community. We encourage everyone to use their voice and experiences to make a difference to the services around them and their wider community.



Referrals

Our support works best when people are ready to make real changes to their life. It's ok if you're not sure how to make those changes, we just need that willingness.

We also understand that point comes at different times for different people.

However, if you are stable within any treatment, returning home after rehab or a detox, beginning to form your own recovery goals for the future and would like support to achieve them, get in touch!

“My mentor made me feel very welcome and relaxed. He took notice of what I had to say and since coming to CLI I have learnt so much,”

OUR MISSION

To give everyone the opportunity to feel like they are valued in society.

OUR VALUES

- People come first
- People need connections to others and their community
- Relationships are powerful
- Lived experience builds valuable strengths and skills
- We believe in helping people reach their potential

