

gentlespaces

for those who are grieving

Have you recently lost a friend or family member? Would you find it helpful to meet with others who are also dealing with loss?

gentlespaces are safe places for those who are grieving.

If you would like to join one of our supported zoom groups, please contact 01908 382318 (10-12am and 6-8pm Mon, Weds, Fri) to book your place



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