

# DAFS

DRUGS & ALCOHOL FAMILY SUPPORT

## Who are DAFS?

DAFS are a small team of volunteers who focus on supporting and empowering families of addicted loved ones without judgement or exclusion.

We work in partnership by sharing lived experiences, offering compassion and understanding.

**We aim to raise awareness, reduce feelings of isolation, help build self-confidence, self esteem and self worth.**

We motivate families to live their lives, laugh again and to have HOPE for the future.

## WE COMFORT HURTING FAMILIES

### Get Support!

Join us on Facebook!



[www.facebook.com/groups/MKFamilySupportGroup](http://www.facebook.com/groups/MKFamilySupportGroup)

Speak to Lynn or Val..

**Tel: 07598346244 or 07874849659**

or

**Email: [dafsmk@mail.com](mailto:dafsmk@mail.com)**

**[www.communityled.org.uk](http://www.communityled.org.uk)**

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SUPPORT, ADVICE, MENTORING  
AND ADVOCACY SERVICE

